



Ballet and Latin Dance: A Master Class with Ballet Five Eight

Miranda Rubio Opsal, Professional Dancer and Teaching Artist, Ballet Five Eight

OCTOBER 16

Friday, October 16, 2026 | 9:00 a.m. | Elizabeth Waters Center for Dance/Carlisle Gymnasium

Join Miranda Rubio Opsal, professional dancer and teaching artist with Ballet Five Eight, for a master class combining classical ballet technique with movement from the company's original production of *La Llorona*.

The class will begin with a traditional ballet barre, followed by an opportunity to learn excerpts from *La Llorona*, a contemporary ballet inspired by the legendary figure of Mexican folklore. Students will explore the musicality, expressive movement, and Latin dance influences that help bring this powerful story to life.

Miranda Rubio Opsal is a Chicana dancer and educator. She is a Company Artist and School Principal with Ballet Five Eight, a Chicago-area professional dance company. She brings her experience in classical ballet and latin dance styles to students of varying levels, emphasizing strong technique, musicality, and artistic expression.